



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	Weetbix & Toast	Weetbix & Toast	Weetbix & Toast	Weetbix & Toast	Weetbix & Toast
<b>MORNING TEA</b>	Seasonal Fresh Fruit with Milk	Banana Muffins with Milk	Seasonal Fresh Fruit with Milk	Seasonal Fresh Fruit with Milk	Seasonal Fresh Fruit with Milk
<b>INGREDIENTS</b>		Banana, Flour, Milk, Eggs, Oil, Sugar			
<b>LUNCH</b>	Pumpkin and Lentil Soup with Wholemeal Bread	Bangers and Mash with Vegetables	Creamy Basil Pasta	Cottage Pie	Chicken Enchiladas with Rice
<b>INGREDIENTS</b>	Vegetables, Stock, Bread, Margarine	Beef Sausages, Vegetables, Gravy	Vegetables, Pasta, Cream	Beef, Vegetables, Gravy	Chicken, Vegetables, Flour Tortillas, Cheese, Sour Cream, Rice
<b>AFTER LUNCH</b>	Cut Apples to clean teeth	Cut Apples to clean teeth	Cut Apples to clean teeth	Cut Apples to clean teeth	Cut Apples to clean teeth
<b>AFTERNOON TEA</b>	Pear and Raspberry Cake with Milk	Seasonal Fresh Fruit with Milk	Raisin Bread with Milk	House made Muesli Bars with Milk	Risotto Cakes with Milk
<b>INGREDIENTS</b>	Fruit, Flour, Milk, Eggs, Oil, Sugar		With Margarine	Oats, Coconut, Dried Fruit, Honey	Arborio Rice, Vegetables, Cheese
<b>LATE SNACK</b>	Daily Selection	Daily Selection	Daily Selection	Daily Selection	Daily Selection